

July Openings

Monday			Tuesday			Wednesday			Thursday			Friday		
Class		Time	Class		Time	Class		Time	Class		Time	Class		Time
Basic Reformer	O	5:30- 6:15AM	Mat Pilates	B	8:00- 8:45AM	Mat Pilates	CM	6:00- 6:45AM	Reformer Plus	B	9:00- 9:45AM	Mat Pilates	CM	6:00- 6:45AM
3 Openings			8 Openings			8 Openings			Class Full			8 Openings		
Mat Pilates	K (Studio 1)	6:00- 6:45AM	Reformer Plus	B	9:00- 9:45AM	Reformer Plus	K	7:00- 7:45AM	Basic Reformer	B	10:00- 10:45AM	Reformer Plus	CM	7:00- 7:45AM
7 Openings			Class Full			Class Full			Class Full			Class Full		
Reformer Plus	K	7:00- 7:45AM	Basic Reformer	B	10:00- 10:45AM	Basic Reformer	K	8:00- 8:45AM	Basic Reformer	B	11:00- 11:45AM	Reformer Plus	CM	8:00- 8:45AM
Class Full			Class Full			Class Full			Class Full			Class Full		
Basic Reformer	C	9:00- 9:45AM	Basic Reformer	B	11:00- 11:45AM	Basic Reformer	C	10:00- 10:45AM	Reformer Plus	B	12:00- 12:45PM	Basic Reformer	CM	9:00- 9:45AM
Class Full			Class Full			Class Full			Class Full			1 Opening		
Basic Reformer	C	10:00- 10:45AM	Mat Pilates	B	12:00- 12:45PM	Basic Reformer	C	3:00- 3:45PM						
Class Full			12 Openings			2 Openings								
Reformer Plus	C	3:00- 3:45PM	Reformer Plus	K	4:15- 5:00PM	Reformer Plus Demo*	M/W	4:15- 5:00PM						
Class Full			2 Openings			Class Full						Saturday		
Reformer Plus	O	5:30- 6:15PM	Reformer Plus	K	5:15- 6:00PM							Interm-Adv Mat Pilates	CM	9:00- 9:45AM
3 Openings			1 Opening									6 Openings		
Basic Reformer	O	6:30- 7:15PM										Mat Pilates	CM	10:00- 10:45AM
Class Full												5 Openings		